

MKPS MENU – Week 1

Milton Keynes Preparatory School
Tattenhoe Lane, Milton Keynes, MK3 7EG



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Thai Red Chicken Curry	Beef Bolognese	Pork Sausages	Tomato and Basil Pasta	Fish Fingers
Vegetarian Option	Thai Red Vegetable Curry	Quorn Bolognese	Quorn Sausages	Tomato and Basil Pasta	Vegetable Nuggets
Vegetable / Side	Rice	Spaghetti	Peas Gravy and Mashed Potato	Carrot and Penne Pasta	Chips and Ketchup
Pudding	Ice Cream	Banana Custard	Butterscotch Mousse	Semolina and Jam	Toffee Sponge and Custard
Nursery Dept	Stewed Apples	--	Peaches	--	Filet of Salmon Tomato Sauce Mashed Potato
Prep Dept Options	--	--	--	--	--

MKPS MENU – Week 2

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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Lamb Hotpot	Fillet of Cod Cheese Sauce	Chicken Fajitas	Beef Bolognese	Pork Sausage Rolls
Vegetarian Option	Quorn Hotpot	Vegetable Curry and Rice	Vegetable Fajitas and Rice	Mushroom Bolognese	Cheese Chive and Spring Onion Rolls
Vegetable / Side	Green Beans	Peas and New Potatoes	Rice and Tortillas	Farfalle Pasta	Chips and Ketchup
Pudding	Stewed Apples	Chocolate Mousse	Peaches	Fresh Fruit Salad	Jam Sponge and Custard
Nursery Dept	--	Rice Pudding and Jam	--	Semolina and Jam	Sausage Casserole Quorn Sausage Casserole
Prep Dept Options	Apple Crumble and Custard	--	--	--	--

MKPS MENU – Week 3

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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Tomato Pasta	Beef Chilli	Lamb Shepherd's Pie	Roast Loin of Pork	Chicken Goujons
Vegetarian Option	Tomato Pasta	Vegetable Chilli	Quorn Shepherd's Pie	Vegetable Curry and Rice	Vegetable Nuggets
Vegetable / Side	Green Beans and Linguine	Rice	Peas	Carrot and Roast Potatoes	Chips and Ketchup
Pudding	Peaches and Custard	Chocolate Chip Sponge and Custard	Semolina and Jam	Butterscotch Mousse	Syrup Sponge and Custard
Nursery Dept	--	--	--	Stewed Apples	--
Prep Dept Options	--	--	--	--	--

MKPS MENU – Week 4

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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Italian Pork Sausage Pasta	Fish Pie	Chicken Pie	Beef Lasagne	Margarita Pizza
Vegetarian Option	Tomato and Basil Pasta	Vegetable Curry and Rice	Leek and Potato Pie	Quorn Lasagne	Margarita Pizza
Vegetable / Side	Green Beans	Peas and Mashed Potato	Broccoli and New Potatoes	Carrots	Sweetcorn and Chips
Pudding	Banana Custard	Chocolate Mousse	Rice Pudding and Jam	Fresh Fruit Salad	Chocolate Sponge and Custard
Nursery Dept	--	Stewed Apples	Chicken Casserole Leek and Potato Casserole	Peaches	Filet of Cod and Tomato Sauce
Prep Dept Options	--	--	--	--	--