



Year Group	Autumn Term	Spring Term	Summer Term
Class 6	<p><b>Autumn 1</b> <b>Relationships – TEAM</b> This unit includes lessons on the term bullying, making good choices, having a positive mindset, listening, being kind and teamwork.</p> <p><b>Autumn 2</b> <b>Health and Wellbeing – It’s my Body</b> During this theme, the lessons look at key areas where children can make safer choices: their body, sleep and exercise, diet and cleanliness. The children will learn facts about each of these areas and learn strategies to manage them. The message of choice runs through the theme and the children are encouraged to get help from trusted adults when necessary.</p>	<p><b>Spring 1</b> <b>Living in the Wider World – Britain</b> This enables the children to identify that they belong to various groups and communities and ways in which they contribute positively to these. The children will learn about community, being good neighbours and looking after the environment. They will also learn about Britain, what it means to be British, about diversity and the importance of celebrating and being respectful of our differences.</p> <p><b>Spring 2</b> <b>Relationships – Be Yourself</b> This aims to enable children to recognise their positive qualities and appreciate their individuality. The children are encouraged to recognise different emotions and explore different strategies to help them manage any uncomfortable feelings they experience. They will learn about how big life changes impact on feelings and emotions and explore the importance of sharing their thoughts and feelings.</p>	<p><b>Summer 1</b> <b>Health and Wellbeing – Aiming High</b> During this topic the children will start by discussing positive views of themselves and will then identify how having a positive learning attitude can help them tackle and achieve new learning challenges and improve learning outcomes. Opportunities will also be provided for the children to share aspirations for the future, with regard to employment and personal goals.</p> <p><b>Summer 2</b> <b>Living in the Wider World -Money Matters</b> The focus of these lessons will encourage the children to think about where money comes from and how it can be used. They will discuss the idea of spending and saving their money and begin to understand why it is important to keep belongings, including money, safe. They will also learn about the different things on offer when they go shopping and how we need to identify the difference between what we want and what we need.</p>
Class 7	<p><b>Autumn 1</b> <b>Relationships – VIP’s</b> The children will focus on Very Important Persons (VIPs) in their lives and the ways in which they can develop positive relationships with them. What makes someone a special person in their life? They are also encouraged to explore why families and friendships are important and understand that these units are different for everyone. The children will also learn the importance of cooperation and how to show the</p>	<p><b>Spring 1</b> <b>Health and Wellbeing – Respecting Rights</b> This unit is based on the concept that we should all be rights respecting citizens in our communities. It is inspired by the fact that all people have rights that are shared and that it is important for us all to respect these rights. The children will explore the concepts of difference and fairness and encourages them to reflect on how we should behave towards those who are different from us and why it is important to be fair.</p>	<p><b>Summer 1</b> <b>Health and Wellbeing – Think Positive</b> This unit is designed to help children recognise, talk about and accept their feelings, both positive and negative, as well as how to manage certain emotions. The lessons support themes of thinking positively and calmly, making good decisions and developing resilience. It also encourages the children to explore the positive feelings associated with being thankful, grateful and mindful.</p>



	<p>special people in their lives that they care and the positive impact of doing this.</p> <p><b>Autumn 2</b>  <b>Living in the Wider World – Safety First</b>                  The children will learn about everyday dangers, in the home and outside and how they can keep themselves safe. They will also learn about the Internet and how to stay safe online. The children will learn about people who help them and how to get help when needed, as well as their growing responsibility for their own safety.</p>	<p>They will also learn about who helps us to protect our rights and what we can do if we don't feel safe. The children will also reflect on how they can take part in the school community and why it is good to do what we can to make a positive difference.</p> <p><b>Spring 2</b>  <b>Relationships – Growing Up</b>                  This topic is an introduction to how we grow and change, both physically and emotionally. The children will learn about their own and others' bodies, looking at similarities and differences in people.. They will also learn about respecting their own and others' bodies, keeping their bodies safe and sharing their feelings.</p>	<p><b>Summer 2</b>  <b>Living in the Wider World – One World</b>                  This unit is inspired by the idea that we can benefit from learning about people living in different places to us and their ways of life. It aims to enable the children to explore their own family life, home and school and compare these to children's family life, homes and school from around the world which are different from their own. In this unit, children also learn about the relationship between people and their environment and how this affects their way of life. They will also learn about how people use the earth's resources and the importance of protecting the earth for ourselves and future generations and how we can work together to do this.</p>
Class 8	<p><b>Autumn 1</b>  <b>Relationships - TEAM</b>                  This term the focus is inspired by the idea that if a class team works well together, it has a positive impact on all of its members and what they can achieve. It aims to enable the children to identify the impact their actions have on the team they are working in. They learn successful teamwork skills, being considerate of others in the team and how to positively resolve any conflicts that occur. They will also learn about their individual responsibilities towards teams they work in and how new starts, such as starting in the Prep school may feel and how they can support each other during this time.</p> <p><b>Autumn 2</b>  <b>Health and Well-being – It's my body</b>                  The children will explore the choices they can make about looking after their bodies. The lessons look at</p>	<p><b>Spring 1</b>  <b>Living in the Wider World – Britain</b>                  This unit is inspired by the idea that we live in a diverse, multicultural and democratic society and that this is important and brings many benefits. It aims to enable the children to identify that they should be respectful of difference. In this unit, children learn about British people, rules, the law, liberty and what living in a democracy means. They also learn about the importance of being tolerant of differences within their society.</p> <p><b>Spring 2</b>  <b>Relationships – Be Yourself</b>                  This unit is inspired by the idea that it is important to have confidence to be yourself. It aims to enable the children to identify their strengths and achievements as well as help them to recognise different emotions they experience. The children will also explore how to</p>	<p><b>Summer 1</b>  <b>Health and Wellbeing – Aiming High</b>                  The children will learn how to apply growth mindset and learn about the importance of resilience. Opportunities will also be provided for children to share aspirations for the future, with regard to employment and personal goals. Different jobs and roles will be considered. In doing this, some of the difficulties faced by stereotyping will be explored. They will think about specific skills they wish to develop to help achieve their short, mid and long term goals.</p> <p><b>Summer 2</b>  <b>Living in the Wider World – Money Matters</b>  <b>The children will think about</b> where money comes from and how it can be used. They will discuss how we spend money, why people might need to borrow money and the consequences of this. The children will begin to discuss the difference between things we</p>



	<p>making safer choices about their bodies, sleep and exercise, diet, cleanliness and mental well-being. The children will learn facts about each of these areas and learn strategies on how to manage them. The message of choice and agreement runs through the term and the children are encouraged to discuss how to get help from trusted adults when necessary.</p>	<p>express their thoughts and feelings respectfully and how to be assertive when in uncomfortable situations. They will also have an opportunity to explore the influence of the media in how we view ourselves and analyse the reality of these messages.</p>	<p>want, things we need and how to prioritise our spending. The children will also consider what influences their spending and how we can keep track of what we spend.</p>
Class 9	<p><b>Autumn 1</b>  <b>Relationships – VIP’s</b>                  VIPs (Very Important Persons), will focus on relationships we have with our VIPs. It will look at friendships, how friendships are formed and maintained, and the qualities of a good friend. The lessons will then move on to disputes and will address strategies for coping with each of these.</p> <p><b>Autumn 2 -</b>  <b>Health and Well-being - Safety First</b>                  The children will consider what it means to take responsibility for their own safety. This will include the decisions they make and how they can stand up to peer pressure in a range of situations. They will learn about everyday risks, hazards and dangers and what to do in risky or dangerous situations. The children will look at e-Safety, considering what should never be shared and how to report any concerns about online incidents.</p>	<p><b>Spring 1</b>  <b>Living in the Wider World – Respecting Rights</b>                  This unit is based on the concept that living as rights-respecting citizens is important. It is inspired by human rights being shared by all people – no matter who they are or where they are from – and that these rights are there to protect all people, enabling them to live happy, safe, healthy and fulfilling lives. This unit helps children to understand that no one should take away their rights. It also helps children to explore the ideas of equality and discrimination and the consequences of both. They learn about how they can make choices and take actions that respect the rights of others and challenge stereotypes. They will also learn about rules – why we have them and how they help us.</p> <p><b>Spring 2</b>  <b>Living in the Wider World – One World</b>                  This unit is based on a case study of a fictional girl called Chiwa, who lives in Malawi. The children will explore different aspects of her life in each lesson. It is inspired by the idea that people’s life experiences and opportunities differ throughout the world and that our actions can have both positive and harmful effects on people living in different countries. It aims to enable the children to explore the concepts of inequality and stereotypes and encourages them to reflect on what</p>	<p><b>Summer 1</b>  <b>Relationships – Growing Up</b>                  This unit is designed to build on what the children have already learnt about feelings, both positive and negative and how our attitude towards life can affect our mental health. The lessons centre around themes such as thinking positively and calmly, managing difficult emotions, taking responsibility for decisions and developing a growth mindset approach to learning.</p> <p><b>Summer 2</b>  <b>Relationships – Growing up</b>                  The children will extend their knowledge of the human body; how we grow and change, both physically and emotionally. The children will also learn about different relationships and family structures.</p>



		they can do to help make the world a fairer place. The children also learn about climate change and its effects, fair trading practices and organisations which help people like Chiwa. They will also learn about how to be a good global citizen.	
Class 10	<p><b>Autumn 1</b>  <b>Relationships - TEAM</b>                      TEAM (Together Everyone Achieves More) focuses on the positive qualities of a team, learning how to disagree respectfully and communicate effectively. It looks at the key qualities and skills needed for a team to be successful. The lessons address collaborative learning and teach children how to compromise to ensure a group task is completed successfully. The unit ends by addressing the importance of caring for team members and the shared responsibilities a team has.</p> <p><b>Autumn 2</b>  <b>Health and Well-being - Aiming High</b>                      The children will focus on achievements, aspirations and opportunities. They will start by discussing achievements they have accomplished so far and the type of attitude that helps us succeed. They will also learn about their own personal preferred learning styles, to understand how they learn best. The children will look at challenges people face and barriers to success, then think about strategies we can use to overcome such obstacles. They will identify opportunities that are available to them now and those which may be available to them in the future. Stereotypes in the world of work will be addressed, as children are encouraged to consider jobs they would like to do and the skills needed to do those jobs. The children will also have the opportunity to reflect on</p>	<p><b>Spring 1</b>  <b>Living in the Wider World – Money Matters</b>                      This unit aims to encourage the children to think about how money is used in the wider world. They will discuss the possible consequences of taking financial risks and identify ways to avoid these. The children will also learn about influences advertisers try to use to encourage us to spend our money and how to see the real value of products by being critical consumers. Having learned about ways we can spend money, the children will also learn about budgeting and discuss what happens if people cannot afford what they need to buy. The children will also have the opportunity to discuss how our earning and spending can contribute to society through the payment of tax.</p> <p><b>Spring 2</b>  <b>Relationships – Be Yourself</b>                      The focus this term is inspired by the idea that we are all individuals and that it is important to ‘be yourself’. It aims to encourage the children to develop a positive view of themselves and enable them to recognize the importance of being proud of their individuality. The children will focus on the importance of recognizing situations where they need to make positive choices in order to do the right thing. They will also explore how to avoid being led into tricky situations and how to recognise and respond to peer pressure. It will also look at how to be confident and how to manage</p>	<p><b>Summer 1</b>  <b>Health and Wellbeing – It’s my body.</b>                      The children will learn about how to take care of their bodies. This will also involve learning body image and stereotypes and learning about substances which are harmful to our bodies. The children will also learn about the importance of sleep and keeping clean, especially as their bodies change. The lessons will explore the things that influence the way people think about their bodies, where different pressures can come from and how these pressures can be resisted. Throughout the term, the children will be encouraged to consider the choices they have and learn about the support that is available to them.</p> <p><b>Summer 2</b>  <b>Living in a Wider World – Britain</b>                      This unit is inspired by the idea that Britain represents a wide range of faiths and ethnicities and that the structures within it are there to support all. It aims to enable the children to identify how they can make a positive contribution to the community. The children learn about the law and the consequences of not respecting it. They will also learn about the workings of local and national government and the role of charities and voluntary groups in British society.</p>



	their personal goals and the steps they can take to achieve these in the future.	uncomfortable feelings. The children will also investigate how to make things right when they make a mistake.	
Class 11	<p><b>Autumn 1</b>  <b>Relationships - VIPs</b>                      Our focus is VIPs (Very Important Persons) which will focus on relationships. The children will identify who their VIPs are within their families and friendship groups and how important kindness and respect are within these relationships. We will address conflicts and resolutions in relationships.</p> <p><b>Autumn 2</b>  <b>Health and Well-being - Safety First</b>                      The children will consider what it means to take responsibility for their own safety, including the decisions they make and how they can stand up to peer pressure in a range of situations. They will assess the risk associated with different situations and learn about what to do if they feel in danger. They will also learn about how to identify an emergency, what to do in this situation and how to get help when needed. The children will look at e-Safety in detail, including social media, considering what should never be shared and how to report any concerns with incidents online</p>	<p><b>Spring 1</b>  <b>Living in the Wider World - Respecting Right</b>                      This term the children will focus on the concept that we can all make choices to live as rights – respecting citizens. It is inspired by human rights being shared by all people – no matter who they are or where they are from – and that these rights are there to protect all people, enabling them to live happy, safe and healthy lives. This theme helps the children to understand that no one can take away their rights. It also aims to help the children to explore the ideas of equality and discrimination and the consequences of both. The children will learn about how they can make choices and take actions which respect the rights of others. They will also learn about human rights activists and how they work to make the world a better place.</p> <p><b>Spring 2</b>  <b>Relationships - Growing up</b>                      The content of this unit will build on the children’s knowledge of how we grow and change emotionally and physically. They will learn about positive body images and stereotypes.</p>	<p><b>Summer 1</b>  <b>Health and Wellbeing - Think Positive</b>                      This term the children will further develop their understanding about thoughts and emotions, both positive and negative. The lessons centre around themes such as: the links between our thoughts, feelings and emotions; making good choices; mindfulness and applying a growth mindset approach to life.</p> <p><b>Summer 2</b>  <b>Living in the Wider World - One World</b>                      The children will learn that we all have a responsibility to live as global citizens. It is inspired by the idea that we all have a responsibility to help the environment and all living things throughout the world through the choices we make. It enables them to explore the ideas of sustainability, the use of the earth’s natural resources and the harmful effects.</p>