

MKPS MENU – Week 1

Monday 5th October 2020

Milton Keynes Preparatory School
Tattenhoe Lane, Milton Keynes MK3 7EG



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Fish Pie	Lamb Hotpot	Chicken Fajitas	Beef Meatball and Tomato Sauce	Margarita Pizza
VEGETARIAN OPTION	Vegetable Curry and Rice	Quorn Hotpot	Vegetable Fajitas	Vegetable Nuggets and Tomato Sauce	Margarita Pizza
VEGETABLE/ SIDE	Peas	Green Beans	Rice and Tortillas	Couscous and Carrots	Chips and Ketchup
PUDDING	Stewed Apples	Butterscotch Mousse	Ice Cream	Semolina and Jam	Chocolate Sponge and Custard
NURSERY DEPARTMENT		Mashed Potatoes	Stewed Apples	Penne Pasta	Fillet of Salmon and Mashed Potatoes
PREP DEPT OPTIONS					

MKPS MENU – Week 2

Monday 12th October 2020

Milton Keynes Preparatory School
Tattenhoe Lane, Milton Keynes MK3 7EG



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Penne Pasta and Tomato Sauce	Lamb Moussaka	Chicken and Lentil Curry	Beef Bolognese	Pork Sausages
VEGETARIAN OPTION	Penne Pasta and Tomato Sauce	Quorn Moussaka	Vegetable Curry	Vegetable Bolognese	Quorn Sausages
VEGETABLE/ SIDE	Green Beans	Sliced Carrots	Rice	Spaghetti	Chips and Ketchup
PUDDING	Peaches	Chocolate Mousse	Ice Cream	Fresh Fruit Salad	Syrup Sponge and Custard
NURSERY DEPARTMENT		Rice Pudding and Jam	Banana Custard	Stewed Apple	Sausage Casserole Mashed Potatoes
PREP DEPT OPTIONS					

MKPS MENU – Week 3

Monday 19th October 2020

Milton Keynes Preparatory School
Tattenhoe Lane, Milton Keynes MK3 7EG



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Beef Chilli	Pork Carbonara	Chicken and Sweetcorn Pie	Lamb Hotpot	Margarita Pizza
VEGETARIAN OPTION	Quorn Chilli	Penne Pasta with Tomato Sauce	Leek and Potato Pie	Quorn Hotpot	Margarita Pizza
VEGETABLE/ SIDE	Rice	Green Beans	New Potatoes Peas	Green Beans	Chips
PUDDING	Banana Custard	Butterscotch Mousse	Rice Pudding and Jam	Fresh Fruit Salad	Jam Sponge and Custard
NURSERY DEPARTMENT		Mashed Potato	Mashed Potato		Fillet of Cod Mashed Potato Tomato Pasta
PREP DEPT OPTIONS					

MKPS MENU – Week 4

Monday 26th October 2020

Milton Keynes Preparatory School
Tattenhoe Lane, Milton Keynes MK3 7EG



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Penne Pasta and Tomato Sauce	Beef Chilli	Chicken Hotpot	Butchers Pork Sausages	Fish Fingers
VEGETARIAN OPTION	Penne Pasta and Tomato Sauce	Vegetable Chilli	Quorn Hotpot	Vegetarian Sausages	Vegetable Nuggets
VEGETABLE/ SIDE	Green Beans	Boiled Rice	Sliced Carrots	Peas, Mashed Potatoes and Gravy	Chipped Potatoes and Baked Beans
PUDDING	Banana Custard	Chocolate Mousse	Rice Pudding and Jam	Fruit Salad	Chocolate Sponge and Custard
NURSERY DEPARTMENT		Stewed Apples and Custard			Fillet of Salmon