

MKPS LUNCH MENU – WEEK 1

week commencing 4th March 2019

Milton Keynes Preparatory School
Tattenhoe Lane, Milton Keynes MK3 7EG



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Penne Pasta with Tomato Sauce	Lamb Moussaka	Chicken & Lentil Curry	Pork Sausages	Chicken Nuggets
VEGETARIAN OPTION	Penne Pasta with Tomato Sauce	Quorn Moussaka	Vegetable Chilli	Quorn Sausages	Vegetable Nuggets
VEGETABLE/ SIDE	Green Beans	Carrots	Rice	Peas, Mashed Potatoes & Gravy	Baked Beans & Chips
PUDDING	Peaches & Custard	Jam Sponge & Custard	Semolina & Jam	Fresh Fruit Salad	Chocolate Brownie & Custard
NURSERY DEPARTMENT				Sausage Casserole Quorn Casserole Banana Custard	Fillet of Cod with a Tomato Sauce Pasta & Tomato Sauce Mashed Potatoes
PREP DEPT OPTIONS	Jacket Potato with Baked Beans / Fresh Homemade Soup				

MKPS LUNCH MENU – WEEK 2

week commencing 11th March 2019

Milton Keynes Preparatory School
Tattenhoe Lane, Milton Keynes MK3 7EG



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Lamb Hotpot	Fillet of Cod in a Cheese Sauce	Asian Chicken	Beef Bolognese	Margarita Pizza
VEGETARIAN OPTION	Quorn Hotpot	Vegetable Curry & Rice	Vegetable Stir-Fry with Rice	Spinach & Sweet Potato Bolognese	Margarita Pizza
VEGETABLE/ SIDE	Carrot Batons	Peas	Noodles	Spaghetti	Sweetcorn & Chips
PUDDING	Banana Custard	Lemon Sponge & Custard	Ice Cream & Chocolate Sauce	Butterscotch Mousse	Syrup Sponge & Custard
NURSERY DEPARTMENT ALTERNATIVES	Lamb Casserole Mashed Potatoes		Chicken Casserole Leek & Potato Casserole	Stewed Apples & Custard	Fillet of Salmon Peas & Mashed Potatoes Pasta & Tomato Sauce
PREP DEPT OPTIONS	Jacket Potato with Baked Beans / Fresh Homemade Soup				

MKPS LUNCH MENU – WEEK 3

week commencing 18th March 2019

Milton Keynes Preparatory School
Tattenhoe Lane, Milton Keynes MK3 7EG



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Penne Pasta with Tomato Sauce	Roast Gammon	Chicken Fajitas	Beef Lasagne	Homemade Sausage Rolls
VEGETARIAN OPTION	Penne Pasta with Tomato Sauce	Vegetable Chilli & Rice	Vegetable Fajitas	Quorn Lasagne	Homemade Potato, Cheese & Chive Rolls
VEGETABLE/ SIDE	Green Beans	Peas, Mashed Potatoes & Gravy	Couscous	Carrot Batons	Baked Beans & Chips
PUDDING	Peaches & Custard	Toffee Sponge & Custard	Semolina & Jam	Fresh Fruit Salad	Chocolate Sponge & Custard
NURSERY DEPARTMENT				Banana Custard	Sausage Casserole Quorn Casserole Peas & Mashed Potatoes
PREP DEPT OPTIONS	Jacket Potato with Baked Beans / Fresh Homemade Soup				

MKPS LUNCH MENU – WEEK 4

week commencing 25th February 2019

Milton Keynes Preparatory School
Tattenhoe Lane, Milton Keynes MK3 7EG



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Beef Chilli	Penne Carbonara	Lamb Hotpot	Chicken & Spinach Lasagne	Fish Fingers
VEGETARIAN OPTION	Quorn Chilli	Penne Pasta with Tomato Sauce	Quorn Hotpot	Spinach & Sweet Potato Lasagne	Vegetable Nuggets
VEGETABLE/SIDE	Rice	Green Beans	Peas	Broccoli	Peas & Chips
PUDDING	Ice Cream & Chocolate Sauce	Apple Crumble & Custard	Rice Pudding & Jam	Chocolate Mousse	Syrup Sponge & Custard
NURSERY DEPARTMENT ALTERNATIVES		Stewed Apples & Custard	Lamb Casserole Quorn Casserole Mashed Potatoes	Peaches & Custard	Fillet of Salmon Peas & Mashed Potatoes Tomato Pasta
PREP DEPT OPTIONS	Jacket Potato with Baked Beans / Fresh Homemade Soup				