

# MKPS LUNCH MENU – WEEK 1

week commencing Monday 7<sup>th</sup> January 2019

Milton Keynes Preparatory School  
Tattenhoe Lane, Milton Keynes MK3 7EG



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b>	Penne Pasta with Tomato Sauce	Shepherd's Pie	Chicken & Lentil Curry	Pork Sausages	Fish Fingers
<b>VEGETARIAN OPTION</b>	Penne Pasta with Tomato Sauce	Quorn Shepherd's Pie	Vegetable Chilli	Quorn Sausages	Vegetable Nuggets
<b>VEGETABLE/ SIDE</b>	Green Beans	Carrots	Rice	Mashed Potatoes Peas & Gravy	Baked Beans & Chips
<b>PUDDING</b>	Peaches & Custard	Jam Sponge & Custard	Semolina & Jam	Fresh Fruit Salad	Chocolate Brownie & Custard
<b>NURSERY DEPARTMENT</b>		Lamb Mince & Mashed Potatoes		Sausage Casserole Quorn Casserole Banana Custard	Fillet of Cod with a Tomato Sauce Pasta & Tomato Sauce Mashed Potatoes
<b>PREP DEPT OPTIONS</b>	Jacket Potato with Baked Beans / Fresh Homemade Soup				

# MKPS LUNCH MENU – WEEK 2

week commencing Monday 14<sup>th</sup> January 2019

Milton Keynes Preparatory School  
Tattenhoe Lane, Milton Keynes MK3 7EG



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b>	Lamb Hotpot	Fish Pie	Chicken & Sweetcorn Pie	Beef Bolognese	Margarita Pizza
<b>VEGETARIAN OPTION</b>	Quorn Hotpot	Vegetable Curry & Rice	Leek & Potato Pie	Spinach & Sweet Potato Bolognese	Margarita Pizza
<b>VEGETABLE/ SIDE</b>	Baton Carrots	Peas	Green Beans & New Potatoes	Spaghetti	Sweetcorn & Chips
<b>PUDDING</b>	Banana Custard	Lemon Sponge & Custard	Rice Pudding & Jam	Butterscotch Mousse	Syrup Sponge & Custard
<b>NURSERY DEPARTMENT ALTERNATIVES</b>	Lamb Casserole Mashed Potatoes		Chicken Casserole Leek & Potato Casserole	Stewed Apples & Custard	Fillet of Salmon Peas & Mashed Potatoes Pasta & Tomato Sauce
<b>PREP DEPT OPTIONS</b>	Jacket Potato with Baked Beans / Fresh Homemade Soup				

# MKPS LUNCH MENU – WEEK 3

week commencing Monday 21<sup>th</sup> January 2019

Milton Keynes Preparatory School  
Tattenhoe Lane, Milton Keynes MK3 7EG



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b>	Penne Pasta with Tomato Sauce	Roast Loin of Pork	Chicken Fajitas	Beef Lasagne	Homemade Sausage Rolls
<b>VEGETARIAN OPTION</b>	Penne Pasta with Tomato Sauce	Vegetable Chilli & Rice	Vegetable Fajitas	Quorn Lasagne	Homemade Potato Cheese & Chive Rolls
<b>VEGETABLE/ SIDE</b>	Green Beans	Peas with Mashed Potatoes & Gravy	Rice	Baton Carrots	Baked Beans & Chips
<b>PUDDING</b>	Peaches & Custard	Toffee Sponge & Custard	Semolina & Jam	Fresh Fruit Salad	Chocolate Sponge & Custard
<b>NURSERY DEPARTMENT</b>				Banana Custard	Sausage Casserole Quorn Casserole Peas & Mashed Potato
<b>PREP DEPT OPTIONS</b>	Jacket Potato with Baked Beans / Fresh Homemade Soup				

# MKPS LUNCH MENU – WEEK 4

week commencing Monday 28<sup>th</sup> January 2019

Milton Keynes Preparatory School  
Tattenhoe Lane, Milton Keynes MK3 7EG



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Beef Chilli	Penne Carbonara	Lamb Hotpot	Chicken & Spinach Lasagne	Margarita Pizza
VEGETARIAN OPTION	Quorn Chilli	Penne Pasta with Tomato Sauce	Quorn Hotpot	Spinach & Sweet Potato Lasagne	Margarita Pizza
VEGETABLE/ SIDE	Rice	Green Beans	Peas	Broccoli	Sweetcorn & Chips
PUDDING	Banana with Chocolate Custard	Apple Crumble & Custard	Rice Pudding & Jam	Chocolate Mousse	Syrup Sponge & Custard
NURSERY DEPARTMENT ALTERNATIVES		Stewed Apples & Custard	Lamb Casserole Quorn Casserole Mashed Potatoes	Peaches & Custard	Fillet of Salmon Peas & Mashed Potatoes Tomato Pasta
PREP DEPT OPTIONS	Jacket Potato with Baked Beans / Fresh Homemade Soup				